



Project scoping paper

‘Health & Wellbeing Centres’ Scrutiny Task Group

<p>Objective(s) <i>Specific, Measurable, Achievable, Realistic Timescale</i></p>	<p>Following the motion passed at full council in January 2017 to promote the development of Health & Wellbeing Centres and the decision of AH&PP P&S Committee, the Task Group would:</p> <ul style="list-style-type: none"> • Undertake research to inform the development of H&WB Centres in Westminster. • Establish the association between H&WB Centres and joint work with the NHS on Family & Older people’s Hubs. • Inform such developments / propose good practice in the context of integrated services with a broad range of service providers. <p>The Task Group will commence work in June 2017 and finish by January 2017.</p>
<p><i>What changes benefits, or other effects would you like to happen as a result of any recommendations</i></p>	<p>Health and Wellbeing Centres offer a range of services that deliver care and support beyond simple treatment of medical conditions - addressing physical, mental and social wellbeing as defined by WHO “Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity”.</p> <p>In addition to a more holistic health ethos, H&WB Centres also help individuals navigate relevant local networks, for example charities and community groups, and the promote aspects of self-care.</p> <p>The ambition of the research / analysis being to inform / support the development of bespoke Health & Wellbeing Centres and / or to inform the programme of work on Hubs being led by Councillor Robathan.</p>
<p>Terms of reference</p>	<p>Task Group aims :</p> <ul style="list-style-type: none"> • To research / identify models of Health & Wellbeing Centres for Westminster. • Scope the value of Centres to encompass services for all ages / providing a range of health and wellbeing services. • Currently, such services to include health and social care; mental health support, sport and leisure; voluntary sector care and General Practitioner / Nursing care. • The task group would also work with service users to explore the value of their voice in influencing the shape of service provision. • To undertake this research the Task Group would need to contact a range of agencies, including both Clinical Commissioning Groups in Westminster; Acute & Mental Health Trusts; Tri Boro Social Services and Public Health; Sports and Leisure providers and Advice services



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Gathering evidence	<p>Evidence to be gathered by:</p> <ul style="list-style-type: none"> • Literature review - including agencies such as The Kings Fund; On-Line advisory services; All Parliamentary Group on Art & Health • Meetings with key stakeholders / experts. • Visits to existing & good practice sites • Face-to-face meetings with professionals and voluntary stakeholders.
	<ul style="list-style-type: none"> • Task group membership to be open to Members of Health & Social Care / Regeneration & Leisure scrutiny committees. • Co-opted membership expertise (e.g. GPs / RcN / Mental Health Trust); the voice of Youth (Westminster Youth MP) • Cllrs Acton and Robotham’s Deputy Cabinet members to be kept advised and offered open invitations to Task group events
	<p>Site visits to include Bromley By Bow Centre (Tower Hamlets); Popular & Limehouse Health Network CIC; St Charles Hospital (WLCCG); Kingsbury Centre (Brent) and the proposed ‘Hub’ site in Church Street.</p>
	<p>The task group to be informed by existing policy developments in the integration of services (e.g. NWLondon STP)</p>
Witnesses / method of contact	<p>Healthwatch- to understand people’s experiences of integrated services and what they would find useful in a Health & Wellbeing Centre.</p>
	<p>Neighbourhood Fora / QPCC</p>
	<p>A wider call for written evidence</p>
	<p>Early years network / One Westminster</p>
	<p>Open Age Network / MIND</p>
	<p>Contributions from think tanks- The Kings Fund</p>
	<p>Contributions from service providers e.g. GP’s and nurses</p>
	<p>Contributions from the LGA and DCLG.</p>
Timescale	<p>June 2017-January 2018</p>
Intended recipients of outcome report / Workshop	<p>Cabinet members for ASC and Public Health and Cabinet member overseeing the hubs work.</p>



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ROI (Success measurement)	<ul style="list-style-type: none">• To have contributed towards / influenced the quality of Hubs projects and to have helped to promote the concept of one or more Health and Wellbeing Centres being set up in the borough.• To have developed these proposals with the voice of service users
Other items for inclusion in the project scope	